



18 November 2024

Dear Parents/Caregivers

**RE: 2024 YEAR 9 OUTDOOR EDUCATION CAMP:
Semester 1 - ERN HALLIDAY RECREATION CAMP HILLARYS**

This year, all Year 9 Outdoor Education students will participate in a camp as part of their Outdoor Education studies. The camp will be held at Ern Halliday Recreation Camp, Hillarys over 2 days and 1 night, with all students participating in outdoor recreation activities such as orienteering, stand-up paddle boarding and a beach clean-up and games.

This experience will allow students to apply various skills they have acquired in the Year 9 Outdoor Education program. A team of OE and PE teachers will lead staff members to support each class throughout the camp, ensuring that every group has at least two staff members trained in aquatic rescue and first aid to guarantee the safety of all students.

Details of the camp can be found below:

Dates: Wednesday, 27 November 2024 – Thursday, 28 November 2024.

Location & Transport: **Students are to meet at UFCC at 8:00am on Wednesday, 27 November**
Bus to and from Ern Halliday Recreation Camp, Hillarys.

Students return to UFCC at 3:00pm on Thursday, 28 November.

Dress: Students are to arrive at school in their college PE uniform and a day pack containing the following: hat, sunscreen, swimming bathers, rash top and towel, 2 litre water bottle (minimum), medication (if required), snacks and lunch.

Contact: In case of emergency only during school hours 9470 0900 or after hours 0438 953 048.

What to bring:

Item	Checklist
Packing bag/duffle bag (no suitcases)	
Daypack - large enough to hold all items for the day including jacket/jumper, hat, sunscreen, towel, food and water	
Esky for perishable foods (one per cooking group)- Freezer blocks or frozen water bottles will assist in keeping food cold	
Cooler bag for non-perishable food (one per cooking group)	
Cooking utensils required for meals organised in cooking group- e.g. spoon, tongs, spatula	
Reusable plate, bowl, cup, knife, fork and spoon	
Water bottle(s)- minimum 2 litres	
Headtorch for cooking at night- with extra batteries	
Food – breakfast, lunch, dinner & snacks. A reminder that dinner is the only meal that is cooked using the Trangia. Please refer to your group’s meal plans in your assignment. *Please note milk is provided for breakfast and students are given a piece of fruit daily	
Bag/s for wet or dirty items	
Sleeping bag	
Sleeping mat (yoga or exercise)	
Pillow	
Towel – Beach (quick dry)	
Hat & sunglasses	
Tea towel	
Sunscreen	
Insect repellent	
PE uniform for travel to and from school	
2 – 3 shirts	
1 jumper for warmth in evening	
1 rain jacket (weather dependant)	
2 pairs of shorts	
1 tracksuit pants	
Comfortable sleeping attire	
1 modest bathers/boardshorts *Bikinis may be worn under rash vest/t-shirt but are not permitted to be worn by themselves at any stage throughout the camp	
Rash vest/old t-shirt *Must be worn during all water-based activities	
Waterproof jacket	
Underwear	
Socks	
Joggers	
Thongs, crocs or slides	
Notepad and pen	
Toiletries (toothbrush, toothpaste, sanitary products, wipes, moisturizer, deodorant etc.)	
Prescribed medications – including EpiPens or asthma reliever. If this is applicable to your child, you must complete the attached College Camp Medication form and indicate their medication needs on the permission form.	

Medication: If your child requires prescription medicine to be administered during camp, please complete the attached 'College Camp Medication Form' (**page 4**) and provide the medication in the packaging requested to ensure these can be administered safely. These should both be handed to staff on the morning of camp. Please indicate if your child will be bringing medication on the permission form.

Staff will carry simple analgesia (Panadol and Nurofen) and antihistamine. Please indicate on the permission form if you consent to these being administered if needed.

Students with asthma should bring their asthma relievers on camp. These should be carried with them at all times.

What NOT to bring:

- Mobile phones/electronic devices
- Valuables
- New/good clothing/items
- Strictly no medication (*other than prescription medication that is to be held by staff for the duration of the camp*)

Please access this link to grant permission and complete medical information for your child by Wednesday, 20 November 2024.

[Permission Link](#)

Please feel free to contact your child's Outdoor Education teacher directly should you have any concerns or queries regarding the camp.

Kind regards

Mrs Tamara Keyes
**LEARNING ARE COORDINATOR
HEALTH AND PHYSICAL EDUCATION**

Mr Daniel Gordon
**YEAR 9 OUTDOOR EDUCATION
TEACHER IN CHARGE**

COLLEGE CAMP MEDICATION RECORD

This information is confidential and will be available only to relevant staff and emergency medical personal. Medication will be administered at camp when it is necessary for a student to safely participate in the camp program.

For the safety of staff and students, camp medication **must be provided in either a Webster Pak or blister pack** prepared by a pharmacist in line with a Doctors prescription. Your local pharmacist should be able to assist with this and there is a small fee involved. This is proven to be the safest way for medication to be administered by school staff.

PARENT/GUARDIAN TO COMPLETE

Name of Student	
Date of Birth	
Allergies	
Current additional medications	

MEDICATION INSTRUCTIONS

Name of Medication		
Strength		Dosage
Time to be administered		Route
Medication start date		Medication end date
Prescribing Doctors Name		
Reason for Medication		
Side effects/comments		
	I confirm that my child is well enough to participate in camp activities.	
	I confirm that this medication has been given to my child previously (a first dose cannot be given on camp).	
	I understand that medication must be provided to the College in the way described in this medication agreement.	
	I approve release of this information to emergency personnel.	
	I authorise the above medication to be administered as prescribed by the College.	

Parent/Guardian Name	Phone Number	Email

Details of Emergency Alternate contact:

Contact Name	Contact Number

Parent/Guardian Information

Parent signature

Date