



10 May 2024

Dear Parent/Caregiver

The Junior School Faction Cross Country Carnival will be held on Thursday 23 May at Fraser Park. The event will begin at 9.30am and conclude at 11.30am.

There are two timetables planned for the carnival: the first one is for fine weather and the second in case of wet weather.

Timetable A: All Junior School students to Fraser Park at once.

YEAR 6 [2.5KM]	YEAR 3 [1.5KM]	YEAR 4 [2.0KM]	YEAR 5 [2.5KM]
9.00am – 9.45am Girls then Boys	9.45am – 10.30am Girls then Boys	10.30am – 11.15am Girls then Boys	11.15am – 12.00pm Girls then Boys

Timetable B: One-year level at a time to Fraser Park.

YEAR 6 [2.5KM]	YEAR 3 [1.5KM]	YEAR 4 [2.0KM]	YEAR 5 [2.5KM]
9.00am – 9.45am Girls then Boys	9.45am – 10.30am Girls then Boys	10.30am – 11.15am Girls then Boys	11.15am – 12.00pm Girls then Boys

Students should come dressed in their sports uniform including their hat. They are encouraged to wear a plain T-shirt in their faction colour. Students should also bring a healthy snack, plenty of water, sunscreen and any relevant medication (such as Ventolin) which must be taken to the course. ***Students who have an asthma plan should also follow their plan and hence use their Ventolin before the race.***

Following the Faction Cross Country Carnival, if there is an Interschool Cross Country; the policy for Team selection is as follows:

- Selection will be based primarily on the results of the Faction Cross Country Carnival.
- Attendance at the designated training sessions is expected unless there are extenuating circumstances. In such cases, the Physical Education Teacher must be notified. Students must attend a minimum of one training session per week. The student's behaviour, attitude and work ethic will also be taken into consideration.
- Team selection is the responsibility of the Physical Education Teacher in consultation with the Head of Junior School. The decisions are final.

Selection Criteria for Interschool Captains and Vice Captains are as follows:

- The Captains and Vice Captains must demonstrate an attitude towards the team that is beyond reproach having demonstrated an excellent level of:
 - co-operation with both teachers and teammates
 - participation and behaviour at training
 - performance at the faction carnival

Kind regards

Son Nguy
Physical and Health Education Teacher