



URSULA FRAYNE CATHOLIC COLLEGE

FRAYNE NEWS VOLUME 34 ISSUE 28 / TERM 4 WEEK 1 / 13 OCTOBER 2023

School Photos

If you missed out on ordering portrait or class photos for your child last term, you are still able to do so.

Please visit www.kapture.com.au and use the relevant school code:

Balmoral - 2RQPJ3
Duncan - RENPHC

ONLINE ORDERING STILL OPEN!



You can still order school photos online! head to kapture.com.au with your school code & student ID to place your order.



The Ursula Frayne Catholic College community acknowledges the Whadjuk people of the Noongar nation, the traditional owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of reconciliation.

admin@ufcc.wa.edu.au

<https://www.ufcc.wa.edu.au>



Staff showing off their dance moves at the Frayne Day Concert.

From the Principal

Dear Parents, Students and Friends of Ursula Frayne Catholic College,

Welcome to Term 4 after what I hope has been a wonderful break for you all. The early days of spring are certainly rewarding us with the beauty of God's creation, and I hope that as we gradually move towards summer, we will begin to experience progressively warmer days.

FRAYNE DAY 2023

Students, staff, and helpers embraced the opportunity to positively engage with and celebrate all aspects of this important celebratory day on the Frayne calendar. During the Mass at the beginning of the day, throughout the various activities and during the concert in the afternoon in which staff and students generously shared their talents for the entertainment of others, the wonderful Frayne spirit was clear. (Check out the College Facebook page for photos.)



Thank you to all members of our community for making the day such a joyful celebration. Our appreciation is extended to **Mary McGonigle** for her overall coordination of the day; **Sarah Quin** for organising the Opening Mass; **Matt Hall, Sabrina Del Rosso, Sally Watkins and Christian Tang** for coordinating the amazing talents of our students for the concert; members of the College Grounds team for their assistance with the complex logistics of the day and to **Jess Bouwman** for her general oversight of this major College event.

From the Principal cont...

STAFFING

As the term commences, we welcome back **Cathy Armstrong, Johadi Johadi** and **Jo Searson** refreshed and renewed after their respective periods of long service leave. Cathy will take over as Acting Head of Junior School for Term 4 and we thank **Michelle Davis** for effectively undertaking this role again during Term 3.

We also welcome **Angela Puglia** - *Literacy Support Teacher (Balmoral Street Campus)* and **Petra Clogher** Year 1 Teacher Assistant (*Balmoral Street Campus*).

QUALITY CATHOLIC EDUCATION (QCE) AWARDS 2023

This year the College had six nominations of excellence in Catholic Education in the QCE Awards. The nominated initiatives were a blend of student and staff led activities and represent the 'tip of the iceberg' in terms of the wonderful programs and opportunities available on both campuses. Award recipients were chosen by a panel of judges and will be announced on Monday morning at the annual Catholic Education Staff Breakfast at Optus Oval. The College nominations were:

MAGICAL CREATIONS [Education Category] Ursula Frayne Catholic College's Education Support Program has greatly benefited from the implementation of Magical Creations. Through the establishment of a coffee and smoothie enterprise, students with disabilities are empowered to achieve their God-given potential, participate in College life in a meaningful way and learn valuable life skills that will benefit them in the future. Staff members send in their orders daily, and students adeptly fulfill the orders and then personally deliver. Magical Creations cultivates skills that pave the way for pursuits such as obtaining a Certificate in Hospitality, setting the stage for work experience opportunities.

THE LEARNING PROJECT - YEAR 4S AS REAL-WORLD URBAN DESIGNERS FOR LOCAL COUNCIL [Education Category] Our Year 4 students engaged in an integrated studies project in collaboration with the Town of Victoria Park to enhance an urban precinct in the local area. Using Minecraft, students built a scale version of the site and were challenged to re-design the area to address the community's needs. Students then presented their 3D concept designs to local council members using augmented reality. The experience provided students the opportunity to transfer their learning to an authentic purpose. The Town of Victoria Park installed new Bird Waterers as a result of the students' design ideas.

STUDENT REPRESENTATIVE COUNCIL – CROSS-CAMPUS-LEADERSHIP FORUM [Education Category] An established and flourishing student leadership model exists on both our primary and high school campuses. The key aim behind the Cross-Campus Leadership Forum is to develop political literacy and provide more opportunities for student leadership and voice in decision-making of student-led projects and initiatives. By having Student Class Representatives from Year 1 to Year 6 join our high school leaders for a Leadership Forum, the College is providing the opportunity for the younger students to grow and develop as leaders over the course of their education and achieve their God-given potential.

NEURODIVERSITY PARENT AND STUDENT EVENING [Community Category] We are all created in the image and likeness of God. The Neurodiversity Parents and Students evening provided the opportunity for parents of neurodivergent students to network and build relationships with each other and the College community through a range of presentations which celebrated the strengths and uniqueness of our students. Students also engaged in fun strength building activities throughout the evening. Parents commented that this evening helped create a strong, positive feeling of being united and a sense of community.

BOYZ DANCE 2 [Community Category] This year, the College introduced Boyz Dance 2, a dance group that not only offers male students a platform for creative self-expression but also emphasises the power of teamwork and nurtures confidence. This initiative has been thoughtfully tailored to cater to a diverse range of abilities, embodying inclusivity at its core. The group provides a supportive and enriching environment that fosters personal growth, emotional wellbeing, and a sense of community. Boyz Dance 2 has embraced numerous occasions to exhibit their talents, most recently, captivating our Frayne community with their performance at our Dance Showcase 'Genesis'.

VINNIES 'TOUGH NIGHT OUT' [Community Category] Our Frayne community is dedicated to actively collaborating and forming partnerships with community organisations. This event aimed to increase awareness and gather funds for addressing youth homelessness within our local community. Through guest presentations by representatives from Vinnies and Passages Youth Engagement Hubs, students gained insights into the hardships encountered by homeless youth. The initiative resulted in students successfully raising significant funds in support of Passages Youth Engagement Hubs. By participating in a night of experiencing 'tough' sleeping conditions, students were able to connect with the challenges confronted by homeless youth and foster a greater sense of compassion towards the issue.

Congratulations to **Paul Colombini** who will be acknowledged during the breakfast for his 30 years of dedicated service to Catholic Education in Western Australia.

From the Principal cont...

OUR ONGOING CHALLENGE

The students are to be commended on their efforts during Term 3. It has also been pleasing to receive many compliments from visitors to the College who have commented favourably on the friendly and polite manner of our students.

I encourage all students to build on their efforts to date by:

- being an active and involved learner,
- being caring and considerate towards their teachers and peers,
- being punctual to school each day and to their classes,
- being properly prepared for class and up to date with their school commitments,
- seeking assistance from their teachers, when necessary,
- wearing their uniform with pride,
- being positively involved in the various aspects of College life as a “participant” rather than a “spectator”!

Finally, we all need to remind ourselves from time to time that each of us has a personal responsibility for making Ursula Frayne Catholic College a happy and safe place in which to learn. As we constantly remind each other: **“At Frayne, we look after each other and our campus(es)”**.

CONGRATULATIONS

We congratulate the following students on their recent success:



Kilian Roberts (Year 7) represented Western Australia at the Youth National Wrestling Championships in Adelaide and took home the Gold Medal, becoming the National Champion for his weight and age class.



Zack Allia (Year 12) has been selected in the ACC All Stars Football Team. The Boys' AFL game is scheduled for today so we wish Zack and team the best of luck.

Aitaua Enari and Charisse Rond (both Year 12) have been selected in the ACC All Stars Netball Team with Charisse names as Captain and Aitaua as Vice Captain. The All Stars Netball tri-series against the Independent Girls' School Sports Association and School Sport WA is on Saturday 21 October. Good luck to both girls.



With regards and best wishes for a productive Term 4.

Mr Geoff Mills
Principal

College Advisory Council Update

The College Advisory Council met on Tuesday 19 September 2023.

As you will be aware, the College has recently been the subject of a Quality Catholic Education School Review and the Council had the opportunity to consider the pleasing outcomes of that process. Those outcomes and the learning from it will help to inform the College's future strategic direction. The Council also considered and had the opportunity to provide comment on a draft Parent Code of Conduct Statement that the College intends to distribute and implement shortly. There was discussion with respect to recent media coverage of the issue of domestic violence in WA and initiatives that are in place or being introduced in WA schools to promote respectful relationships.

The Council noted some of the key activities and events that students have had the opportunity to participate in recently including the very successful Vinnies “Tough Night Out”, “Highly Strung and Sung” Music Evening as well as various intra and interschool athletics carnivals.

The Council also continued its consideration of the College's financial position, including consideration of the nature of reasonable adjustments to fees for 2024 that will help to contribute the College's short and long-term financial sustainability.

Mr Richard Miles
College Advisory Council Chair

Chaplain's Reflection

SAINT LUKE

The 18th of October is the feast of Saint Luke and all Catholics and other Christians will celebrate this day giving thanks to God for the author of the gospel. Saint Luke was a Greek doctor who converted to Christianity and accompanied St Paul on his missionary journeys.

He was born in the city of Antioch, a part of modern day Turkey, an important centre of early Christianity and renowned for arts and sciences. Educated as a doctor, St Luke was among the most cultured and cosmopolitan members of the city. He wrote a greater volume of the New Testament than any other single author, including the Acts of the Apostles, which narrates the early history of the Church up to St Paul's first stay in Rome. However, his most important work is the Gospel of St Luke. He is the only one to incorporate the personal testimony of the Blessed Virgin Mary, whose role in Christ's life emerges most clearly in his gospel. As a Greek, he takes care to explain to Gentile readers Jewish customs and the meaning of Hebrew words.

St Luke was also among the companions of St Paul who did not abandon him during his final imprisonment and death in Rome. When St Paul died in the year 67, St Luke continued preaching throughout the Mediterranean and possibly died as a martyr. Tradition credits him as the one who painted the first icon of the Virgin Mary, when she was still alive. One of these sacred portraits ascribed to Him survives to this day in the Basilica of St Mary Major in Rome and is known by the title "Salvation of the Roman People".

St Luke is the Patronage of doctors, artists, bachelors, surgeons, farmers, physicians, bookbinders, brewers, butchers, glass makers and workers, goldsmiths, notaries, sculptors and lace makers.

Fr Jesus Bello

College Chaplain, Duncan Street Campus

Mental Health Week

Below is an open letter from the Head Boy, Maximilian Lin, in relation to Mental Health:

As we come to recognise Mental Health week, we come to talk about something incredibly important. We often hear the phrase "it's okay not to be okay" but what does it really mean and why do we spread this message? It's because mental health matters, and it's something that affects each one of us, regardless of our age, background, or circumstances.

In growing society there has been an existing stigma around mental illness for far too long. Many have begun to feel that talking about their feelings, anxieties, troubles, or sadness is a sign of weakness. However, the message of this week is that it is okay to talk about it.

It is only normal to feel this way. Life is full of challenges. We all face moments of doubt, sadness, and anxiety. It is a part of being human. But it is also important to remember that there is a strength in vulnerability. Sharing your feelings with someone you trust is not a sign of weakness: it's a sign of courage and self-awareness. It's the first step towards healing and finding a solution.

In Australia almost 1 in 7 children and adolescents aged 4-17 years have experienced a mental illness at least once in the past 12 months. It is essential to remember that behind each statistic is a friend, a partner, a sibling or a family member who is struggling. These statistics should serve as a reminder that we, as a society, must do more to address the mental health and well-being of each and every-one of us.

So today my message is for not only the students at our college, but teachers, family friends and the broader school community who may be struggling with their own battles is that you do not have to go through this alone. Speak to a teacher, a family member, a trusted adult, or an older student. The most resilient individuals are not those who bottle up their emotions, but those who acknowledge them, understand them and seek support when needed. It's not a sign of weakness to open up, it's a sign of strength. It's a step towards replacing the narrative of suffering in silence and working towards living a healthier, happier, and more fulfilling life.

Junior School Faction Athletics Carnival

Apologies to Julius Lin who's name was missed from the last newsletter. Julius was also a runner-up for the Year 5 Boys at the Junior School Faction Athletics Carnival.

Mr Son Nguy

Physical Education Teacher, Balmoral Street Campus

Junior School Awards

Congratulations to the following students on receiving awards on 10 August 2023:

3R	Archie Beaton Nimarota Enari Evelyn Rowlinson	3W	Royce Hong Alfie Leigh Emmy Morris	Japanese	Year 3 Year 4 Year 5 Year 6	Ava Dewar Vanessa Irawan Kyra Lee Bernadette (Annabelle) Santosa
4R	Ruby Banfield Thomas Freer Maeve Whitehouse	4W	Vanessa Irawan Daniel Kristianto Orlando Milne Kiara Mulligan			
5R	Alana Nguy Charlie Nutt	5W	Rabiah Brown Kyra Lee Julius Lin			
6R	Charlie Barahona-Abbott Bernadette (Annabelle) Santosa	6W	Penelope Bollen Aaliyah Catto			

UFCC Neurodiversity Community

Welcome to the UFCC Neurodiversity Community Group: This is a sharing space for all UFCC families touched by neurodiversity, celebrating the diversity of our UFCC students! We have set up a Facebook group as a platform for UFCC families and carers of neurodivergent students to share resources, support each other, organise social activities and share information and we invite you to join at: 'UFCC Neurodiversity Community'.



Please note that this is a private group administrated by UFCC Parents.

Also, we have our first social event coming up and are hoping to promote this as well?

UFCC Neurodiversity Community Social Event for Parents

Vic Park Hotel Garden Bar

3.30pm – 6.30pm Friday 27 October

Come along and meet other UFCC school parents touched by neurodiversity

RSVP – please let us know by 20 October if you are coming via the Event in Facebook Group 'UFCC Neurodiversity Community'

Jane Smithers, Caitlin Broderick and Cathy Turner

Friends of Frayne News

FRAYNE DAY - THANK YOU TO OUR PARENT VOLUNTEERS

We're incredibly lucky in our Frayne family to have such wonderful staff and parents that work together to create memorable experiences for our children.

We extend a huge thank you to the many men and women parent volunteers who helped out in the canteen on Frayne Day at the end of Term 3. Many hands make light work!

Special mention to Maria Nicolosi and Sally Okoye for their help on their very last Frayne Day. These two women have been instrumental in their involvement with Friends of Frayne over many, many years, always giving so generously of their time. They will most certainly be missed very much.



FRIENDS
of FRAYNE

Friends of Frayne News cont...

SUPPORTING THE VINNIES TOUGHT NIGHT OUT - DUNCAN STREET CAMPUS

As our College community gets ready to farewells the Class of 2023, Friends of Frayne will provide a very special gift of a candle bearing the name of each Year 12 student, as a symbol that we are keeping all of them in our prayers. We wish them all the very best as they embark on the next phase of their lives.



FRIENDS OF FRAYNE MEETING - NEXT WEEK!

Our next meeting is next Wednesday 18 October @ 7pm, in-person at the Balmoral Street Campus.

If you are interested in joining in, but unable to attend in person, we are aiming to have you join online. To register your online attendance please email Friendsoffrayne@ufcc.wa.edu.au by COB Tuesday 17 October.

* Opportunity to meet our new Principal *

Mark Antulov, our newly appointed Principal, commencing in 2024, will be attending this meeting, so please come along and join us in the opportunity to welcome and meet him.

Friends of Frayne

Are You Interested?




BUILDING
FOR
TOMORROW!

METRONET Victoria Park-Canning Level Crossing Removal Project



Join us for our construction information session

- find out more about construction
- how impacts will be managed
- how you can stay informed

Save the date for our Online Webinar

Tuesday 24 October 2023

6.00pm – 7.30pm

Meeting link to be provided early October



PERTH GOJU KARATE

Beginners programs starting now.

Four weeks free!

New beginners classes near you.

For children and adults.

All classes run after school.
Classes are grouped according to age and experience.

Sensei Johnny Moran has a wealth of knowledge and experience teaching karate to children and adults.

Perth Goju Karate classes build self-confidence, karate skill, respect and self-defense with an emphasis on fun and friendship.

info@perthgojukarate.com **0402 830 402**



Are You Interested?

Scan to register online



WA Young Salesians
SUMMER Camp
8-12 January

5 Days of fun filled activities from just \$54 a day



Camp Coordinator
Graham Maher
0418 979 600
admin@wayoungsalesians.com
www.wayoungsalesians.com

Ages 11½ -15

Early Bird Discount

SOUTH PERTH LITTLE ATHLETICS CLUB
Season 2023/2024

REGISTRATIONS NOW OPEN

"Meet & Greet" session
Wednesday 20th Sept at 5pm
Welcoming new athletes
Register your attendance
via our website





Club training
Wednesday nights
5pm - 6.30pm
Ernest Johnson Oval

Competition each Saturday
starts 7th October
Ern Clark Athletic Centre
Wharf St, Cannington

THE SOUTH PERTH LITTLE ATHLETICS CLUB IS A FAMILY FIRST CLUB. WE WELCOME ALL ATHLETES FROM AGES 5 TO 16 IN A COMMUNITY OF FUN, FAMILY AND FITNESS.
Under 6 age group athletes must be born in 2018 to register

Register via our website
www.southperthlac.org

for more details email registrar@southperthlac.org

@SOUTH PERTH LITTLE ATHLETICS CLUB



Register Now!



SUNDAY 5th November
Sir James Mitchell Park, South Perth
On-site registration starts at 8:00 am

alzheimer's wa
WALK TO REMEMBER
the heart remembers what the mind may forget



For more info call 1300 66 77 88 or email us at events@alzheimerswa.org.au

MercyCare

headspace
Cannington

Standing Strong Workshop Series



Wednesday 18 October - 22 November
4:00 pm - 5:00 pm
headspace Cannington
(Units 1 & 2, 1468 Albany Hwy)

Please contact headspace Cannington on 9358 9800 or email reception@headspacecannington.com.au to register or find out more

