



# URSULA FRAYNE CATHOLIC COLLEGE

FRAYNE NEWS VOLUME 34 ISSUE 26 / TERM 3 WEEK 8 / 8 SEPTEMBER 2023

## Duncan Street Campus

### Group Photos

As per the College Calendar, the group photos for Sport, Leadership, The Arts, etc, will take place next Wednesday 13 September.

A schedule will be sent out on Monday with full details.



Students from both Year 9 and Year 10 recently enjoyed a social evening with Captain Cook Cruises sailing down to Fremantle and back.

### From the Principal

Dear Parents, Students and Friends of Ursula Frayne Catholic College,

#### LANGUAGES OPENS DOORS

**Languages Week** is recognised annually with the intent of raising awareness of the benefits of learning another language and the linguistic diversity within and beyond our College community. It prompts us to reflect on the benefits and rewards that come with learning a foreign language.

Learning a language presents a myriad of opportunities, both academic, personal, and professional. Whatever language a student chooses to study at school can open a world of opportunity to them. So, what are the advantages of learning a foreign language?

Globally, bilingualism is the international norm, with 193 United Nations member countries and most people in the world able to speak more than one language. The extensive and unequivocal research literature on the benefits of bilingualism points to advantages across a range of domains. From higher intellectual functioning and cognition, to improved mediation skills, self-regulation to empathy.

Research shows us that Australian students, with a language background other than English (LBOTE), typically outperform the 'non-LBOTE' students at every year level NAPLAN tested (Years 3, 5, 7 and 9), and in each measure (Reading, Writing, Grammar and Punctuation, Spelling and Numeracy). This also extends to younger learners who tend to perform better in English language tests than their peers.

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*The Ursula Frayne Catholic College community acknowledges the Whadjuk people of the Noongar nation, the traditional owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of reconciliation.*

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[admin@ufcc.wa.edu.au](mailto:admin@ufcc.wa.edu.au)

<https://www.ufcc.wa.edu.au>

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**Justice | Hospitality | Excellence | Compassion | Respect**

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## From the Principal cont...

We also know that bilingualism can boost creativity. Increasingly recognised as a crucial skill in the field of STEM, 'Creative Thinking' was ranked by the World Economic Forum as one of the two most important skills for workers in 2023. Now, as automation and artificial intelligence continue to transform these fields, people who can think creatively and develop innovative solutions will be in high demand. Multilingualism can play a vital role in fostering creativity in STEM by exposing individuals to different perspectives and ways of thinking. Additionally, multilingualism can enhance communication skills, enabling scientists and engineers to collaborate effectively across linguistic and cultural barriers.

Learning languages is important for all Australians. It reflects and embraces our multicultural society and allows our First Nations and migrant communities to see themselves as important in Australian schools and communities. Languages opens doors; let's not close them for our future generations.

### PREPARING FOR FRAYNE DAY

Every time I enter the Duncan Street Administration building my attention is drawn to a moderately sized, marble plaque affixed to the wall next to the door. The plaque, presented to the College in 1996 by the Parents & Friends Association, bears the following inscription:

*"Mother Ursula Frayne and her companion Sisters of Mercy arrived in Perth in 1846 to pioneer education in the Mercy tradition in Australia. We, who continue their story, remember them".*

As we approach the much-anticipated celebration of Frayne Day, the inscription serves as a reminder for all who enter the College to take time to reflect on our foundation and heritage as a Mercy school. As one of the most important days in our College calendar, Frayne Day is an opportunity for us to stop and reflect on our lives as people of Mercy and recognise how the charisms of Catherine McAuley and her Sisters have shaped and guided the College throughout the decades, in times of both continuity and change.

This year Frayne Day will be celebrated on **Thursday 21 September** with all students (K-12) and staff gathering on the Duncan Street Campus for a Mass of thanksgiving. This will be followed by a range of celebratory activities culminating in a cross-campus concert to showcase the vast array of talents within our *learning and faith sharing community, centred in Christ*. Further information regarding this special day will be forthcoming.

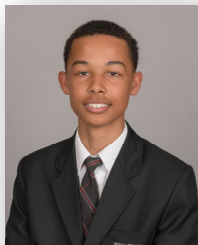
### STAFFING MATTER

I write to advise that **Colleen Tanielu** (Counsellor – Balmoral Street Campus) has had to resign her position for family reasons. We extend to Colleen our appreciation for her contributions to our College community during her brief tenure and offer our prayerful best wishes to her and her family.

Thank you to **Sze TANG SOMERS** for generously accepting our invitation to provide some support to our students for the remainder of the term. We are very fortunate to welcome back Sze, albeit for a short time, while we commence the process to appoint an ongoing replacement.

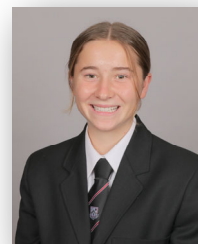
### CONGRATULATIONS

Well done to both our Duncan Street Campus Athletics teams on their recent wins. The ACC Division 'E' team won their division and the Education Support students won the ACC Inclusive Sports Program carnival. What a fabulous win for all the athletes and their coaches.



Congratulations to Dylan Nobel (Year 10) who has been selected to play in the AFL's 2023 National World Team Squad. Dylan will play in Melbourne later this month and have the opportunity to play several matches against the National AFL Indigenous Team. Well done Dylan!

Well done to Jessica Flannery (Year 12) who was recently selected to represent Western Australia in the 2023 Soccer 18s Girls' Championships. Jessica will be competing at the School Sport Australia National Championships in Canberra next week. Good luck Jessica!



With regards and best wishes.

**Mr Geoff Mills**  
Principal

## Chaplain's Reflection

### THE BIRTHDAY OF THE VIRGIN MARY

The birthday of the Virgin Mary is celebrated on 8 September. This feast is nine months after the feast of the Immaculate Conception on 8 December and had been celebrated in the Church since at least the 8th century. Even though there is nothing in the Bible about it, there are some early documents telling us the story of the birth of Mary. Her parents, Sts Joachim and Anne, received a beautiful gift from God in Mary and they raised her with love as a child of God.

When our mother has a birthday, children send their greetings and love, so let us be sure that we do the same to our Mother Mary on her birthday. The liturgy of this feast expresses the wonderful works that God has done by the acceptance of Mary to do His will. Pope Francis, reflecting on this feast said: "Every time I read sacred Scripture, in the verses that talk about Our Lady, three verbs catch my attention. BE JOYFUL, HELP WITHOUT HESITATION and PERSEVERE". When we have Jesus in our life, as Mary did, we are filled with a JOY so great that nothing and no one can take away from us. This happiness rises us up and encourages us, like Mary, to HELP others. Making a difference does not have to be done on a grand scale, every little thing we do with love, can bring joy to others. Mary always relied on God, in the middle of problems and sufferings, she PERSEVERED, she remained standing even at the foot of the cross. "In this world in which long-lasting values are rejected and everything is changing, in which the disposable triumphs, in which it seems people are afraid of life's commitments, the Virgin Mary encourages us to be men and women who are constant in their good works, who keep their word, who are always faithful," Pope Francis said.

Let us wish our Blessed Mother Mary Happy Birthday and pray with the Opening Prayer for the mass:

*Impart to your servants, we pray, O Lord,  
the gift of heavenly grace,  
that the feast of the Nativity of the Virgin Mary  
may bring deeper peace to those for whom  
the birth of her Son was the dawning of salvation.*

*Fr Jesus Bello, College Chaplain, Duncan Street Campus*

## Inaugural 'Young Vinnies Conference'

Congratulations to our 13 Senior School Vinnies leaders for officially forming our inaugural 'Young Vinnies Conference'.

|                   |              |                 |
|-------------------|--------------|-----------------|
| Luca Di Barolomeo | Woojin Song  | Connie Higgs    |
| Hannah Toh        | Emelia Annan | Richie Lee      |
| Stephanie Xie     | Tehya Surin  | Sabina Narvaez  |
| Kanan Choudhary   | Le Sheng Ooi | Zeyann Ampatuan |
| Rafael De Vera    |              |                 |

Secondary School Young Vinnies Conferences are nationally recognised groups of young leaders who put their faith in action through providing leadership to younger students and striving to support those less fortunate in our communities.

Our Conference members have made outstanding contributions to the Vinnies Group at Ursula Frayne over the past two years; through attending fortnightly meetings, developing the Frayne Day One-Stop-Op-Shop student initiative, organising and coordinating Winter and Christmas Appeals, and assisting to plan and prepare for the Tough Night Out event. They will now also engage in networking and development opportunities with other Young Vinnies Conferences across the state and nation.

Thank you to Vinnies WA Youth Coordinator, Hannah Taylor, for her assistance in forming this conference and presenting our conference members with their official leadership badges this week. These students will be formally acknowledged during the Week 10 College assembly.

Congratulations Young Vinnies, you are truly deserving of your new leadership positions and a true inspiration and credit to our College.

Don't forget you can still help us with our fundraising for the Tough Night Out. Go to our page at: <https://www.vinniestoughnightout.org.au/fundraisers/UrsulaFrayneCatholicCollege>

**Mr Isaac Ramshaw-Attard, UFCC Vinnies Group Coordinator**



## Preparatory School Sports Carnival

### THE BIRTHDAY OF THE VIRGIN MARY

What a glorious day we had yesterday when our students from Kindergarten to Year Two showcased their athletic ability and acquired Physical Education skills at our annual Sports Carnival. We certainly were blessed with perfect conditions!

The upbeat Faction entrances followed by our Kindy races made for a heart-warming start to the day. A sense of 'community' was felt with so many families enjoying a picnic lunch under the shade of gazebos and the trees at Fraser Park at the end of the Carnival.

The cheering was led by our mature and responsible Year 6 Faction Captains who were ably backed by our enthusiastic Year 2 Mini-Faction Captains. Barracking for one's team certainly adds to the fun element and sporting spirit we endeavour to capture on the day. Congratulations to **Red** for claiming the 'Best Cheering' certificate.

All the children in the Preparatory School should feel proud of their terrific efforts and outstanding behaviour. It made the decision to choose the 'Best Behaved' Faction very hard for our judges. However, **Gold** Faction were the recipients of this Award. Well done also to **Blue** for being selected as having the 'Tidiest' Faction bay.

There are so many people to thank whose hard work and contribution enabled the day to be a success:

- Mr Son Nguy for training the students for their events and for his overall organisation.
- The Preparatory School staff for their collaboration and support, particularly in practicing the team games with their classes.
- Mrs Denholm for being our very precise points scorer and for her many 'behind the scenes' administration duties in preparation for the day.
- Mr Lee Barker for preparing the track and for the set-up/pack away of the bays and other equipment.
- Mrs Aimee Hamer from the Friends of Frayne for organising the Coffee Van and Food Truck.
- The team of dads who took on the role of 'place judges' for the individual events and helped with the morning set-up: Dennis Nicholas, David Reilly, Daniel Broughton, Jon Manning, Dan Riggs and Andres Vivanco Quiroz.

We were all greatly impressed by the endearing speeches given by all Captains and Mini-Faction Captains as the results were revealed. The lead changed a few times during the course of the day with an eventual 30-point difference between 1<sup>st</sup> and 2<sup>nd</sup> place...but in the end our overall points winner was **Green** Faction, who were then presented with a trophy.

|                        |                         |             |
|------------------------|-------------------------|-------------|
| The final scores were: | Green (John Bosco)      | 1020 points |
|                        | Gold (Clare Buggy)      | 990 points  |
|                        | Red (Catherine McAuley) | 745 points  |
|                        | Blue (Edmund Rice)      | 715 points  |

*Ms Sabrina D'Cruze*  
*Head of Preparatory School*

## Frayne Day Lunch Orders

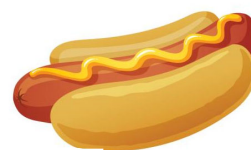
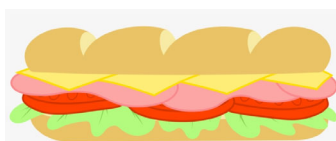
You should have received a SEQTA message earlier this week outlining the options for the food and drinks for Frayne Day relevant to the various sub-schools. Don't forget if you would like to pre-order lunch for the day, your orders need to be in by end of day next Monday 11 September.

Please note that the Preparatory School children will be allocated a time to eat as a class and will have their lunch delivered to their meeting place.

With the pre-orders you can choose from food and drinks from the Canteen, pizza from Dominos or a Kid's Pack from Subway.

**Click here** to go to the booking page:

*Ms Mary McGonigle*  
*Community & Events Officer*





## Catholic Performing Arts Festival

This term, Ursula Frayne has participated in the Catholic Performing Arts Festival. With over 250 Frayne students actively involved across both campuses, this term has been incredible for the students, tutors and teachers involved. Below are the awards that Frayne students have received.

We are proud of all our students who rehearsed over countless hours, took feedback, perfected their craft, participated, and strived to do their personal best. – Award or no award, we are proud of all our kids.

Thank you and congratulations to the tutors, teachers, and staff from across the College who have mentored our students or been on the journey with them by supporting from the audience.

### Outstanding

Flute Ensemble

Kasiem Okoye (Instrumental Woodwind)

Concert Band (Secondary)

Concert Band (Primary)

Primary Junior Strings Ensemble

Frayne Junior Chorale

### Excellence

Frayne Senior Dancers (Secondary)

Erin Arena (Instrumental Woodwind)

Amberley Miles (Instrumental Strings)

Frayne Junior Liturgical Chorus

Black Mariah's (Rock Band)

Sam Lowry (Instrumental Brass Secondary Solo)

Frayne Liturgical Chorus

F Troupe Dance (Primary)

Grace Burke (Vocal Solo Primary)

Saxophone Ensemble

Cayleigh Freeth (Vocal Solo Secondary)

Kai Perisic (Instrumental Electric Guitar Solo)

Isabel Llapitan & Tahlia Reilly (Instrumental Duet)

Elsie McDonald (Instrumental Percussion Primary)

Chamber Strings (Secondary)

Isabel Llapitan (Instrumental Brass Secondary Solo)

Aidan Chui (Instrumental Brass Secondary Solo)

### Merit

Frayne Intermediate Dancers (Secondary)

Percussion Ensemble

Youth Chorale

Alessandra Hauptle & Lily Burke (Instrumental Woodwind Secondary Duet)

Erin O'Callaghan & Olivia Chambers (Instrumental Woodwind Secondary Duet)

Kiara Gabb (Vocal Solo Secondary)

Clarinet Ensemble

Frayne Jive

Junior School Concert Band

HONK! The Musical

*Mr Matthew Hall, Learning Area Coordinator, The Arts*

## From the College Psychologist



**8 week program focussing on students accepting and coping with the challenges of ADHD. Helps empower them with the knowledge and confidence to self-advocate for their needs.**



Year 7 and 8 students with ADHD



Duncan Street Campus



Thursdays 2.45pm - 3.45pm  
Term 4, Weeks 1-9



FREE!

Email to register:

[kim.thuijs@ufcc.wa.edu.au](mailto:kim.thuijs@ufcc.wa.edu.au)

**Student  
Workshop**

## Friends of Frayne News

### SMALL GRANT APPLICATION UPDATE

Over the last few months the Friends of Frayne have been thrilled to provide more support via our Small Grant Application process.

At the Duncan Street Campus we were able to help keep the Boys' Dance Classes running for Term 3, fostering and promoting the importance of offering this terrific class for boys Years 7 to 12.

And at the Balmoral Campus we provided support to fund the fabulous shiny costumes for the CPA Dance Troupe to wear for their "Striving for Excellence" performance.

Parents and staff have enjoyed seeing the performances for both groups this term and it's been great to hear so many compliments about the talented performances, how much fun they've all had and the enthusiastic team effort from both students and staff.

For more information about the Small Grant Application process please visit the college website, drop down the 'Community' section to locate Friends of Frayne, and search under Documentation.



### YEAR 4 MUMS' NIGHT OUT

A lovely evening at Fine China Restaurant in East Vic Park for some Year 4 Mums last week! Thank you to Class Coordinators Chelsea Dale and Rachel Morgan-Jones for arranging a lovely night out.

### KINDY DADS' NIGHT AT LUMBER PUNK

What a way to let off some steam and have some fun, throwing axes at Lumber Punks! Thank you Kindy Class Coordinators Alana Harper, Georgie Nash and Courtney Ischiguchi for organising a fun night out for the Kindy 2023 fellas.



### YEAR 1 MUMS' DINNER

It was great to see the Year 1 Mums heading out for dinner at Cosy Del's last weekend. Thank you to the Class Coordinators, Leanne Loveless, Emma Brown and Kim Gardiner for your organising.



### DUNCAN CAMPUS INTERSCHOOL ATHLETICS FOOD BOXES

A massive thank you to Sally Okoye for organising the refreshments for our Duncan Campus Interschool Athletics Team who were champions at Wednesday's ACC Athletics Competition! Well done team!

### PREPARATORY SCHOOL SPORTS CARNIVAL - FOOD AND COFFEE VANS

Wasn't the Prep School Carnival a lot of fun! Go Green! Friends of Frayne were happy to coordinate the coffee and food vans for the day. We hope everyone enjoyed the day!





## Are You Interested?

### VacSwim

#### Primary school

Enrolments are now open for VacSwim swimming lessons during the summer school holidays. VacSwim offers fun lessons at beach or pool locations. They are a great school holiday activity and they teach valuable safety skills to help keep your child safe in the water. Enrol at [education.wa.edu.au/vacswim](https://education.wa.edu.au/vacswim)

#### Secondary school

If your child has turned 14 years old, or will be turning 14 years in the same calendar year of the course, you can enrol them in VacSwim so they can get their Bronze Medallion during the summer school holidays. They'll learn advanced survival, rescue and resuscitation skills to help keep them and others safe in the water. Enrol now at [education.wa.edu.au/vacswim](https://education.wa.edu.au/vacswim)

### VacSwim

Enrolments now open!  
Places are limited, so get in early.



**SOUTH PERTH LITTLE ATHLETICS CLUB**  
Season 2023/2024

## REGISTRATIONS NOW OPEN

**"Meet & Greet" session**  
Wednesday 20th Sept at 5pm  
Welcoming new athletes  
Register your attendance  
via our website

**Club training**  
Wednesday nights  
5pm - 6.30pm  
Ernest Johnson Oval

**Competition each Saturday**  
starts 7th October  
Ern Clark Athletic Centre  
Wharf St, Cannington

THE SOUTH PERTH LITTLE ATHLETICS CLUB IS A FAMILY FIRST CLUB. WE WELCOME ALL ATHLETES FROM AGES 5 TO 16 IN A COMMUNITY OF FUN, FAMILY AND FITNESS.  
Under 6 age group athletes must be born in 2018 to register

Register via our website  
[www.southperthlac.org](https://www.southperthlac.org)

for more details email [registrar@southperthlac.org](mailto:registrar@southperthlac.org)

@SOUTH PERTH LITTLE ATHLETICS CLUB

CURTIN UNIVERSITY  
SPORT AND RECREATION

## CARNABY KIDS

### SCHOOL HOLIDAY PROGRAM

Carnaby Kids is a fun and affordable school holiday sports program that offers a range of activities. It helps children develop basic fundamental movements, fosters teamwork, builds confidence, and encourages participation.

Ages  
**5-13**

**26 Sept - 6 Oct**  
At Curtin Stadium

**REGISTER NOW**

## Spring School Holiday Workshops with LEGO® Bricks

**FUN for the Kids 🤪 More TIME for You**  
Select School Holiday Workshops  
[www.Bricks4Kidz.com.au/Perth-Gosnells](https://www.Bricks4Kidz.com.au/Perth-Gosnells)



## Are You Interested?

**BELMONT NETBALL ASSOCIATION**

# 2023

## SPRING NETBALL

SPRING NETBALL IS BACK AT BNA

Registrations open: 1st September, 2023  
Registrations close: 9th October, 2023

Join BNA for a season of pure fun, forging new friendships, and staying active. Embrace the joy of the game with like-minded individuals in a supportive and energetic environment. Get ready to play, bond, and keep moving this spring!

### MONDAY SPRING NETBALL

16th October - 11th December 2023

**DIVISIONS BY AGE:**

|                                      |                        |
|--------------------------------------|------------------------|
| <u>Net Set Go</u> : year 2 (mixed)   | <u>19s</u> : Ladies    |
| <u>Net Set Go</u> : year 3 (mixed)   | <u>Opens</u> : Ladies  |
| <u>Net Set Go</u> : year 4/5 (mixed) | <u>Open</u> : Mixed    |
| <u>Juniors</u> : 12s (mixed)         | <u>Walking Netball</u> |
| <u>Juniors</u> : 14s, 16s (girls)    |                        |
| <u>Juniors</u> : 14s, 16s (boys)     |                        |

**Time slots: 4:30pm, 5:30pm, 6:30pm & 7:30pm**

**Team Fees:**  
NSG/Walking - \$150; JUNIORS - \$200; OPENS - \$250  
(plus individual spring affiliation)

**If not already registered with Netball WA from the winter season:**  
**AGE 7-10** - \$64.69; **AGE 11-17** - \$75.91; **18+ YEARS** - \$76.93

Team Registrations **due**: 2nd October, 2023  
Player registrations **due**: 9th October, 2023

Want to play but don't have a team? Looking for extra players for your team?  
Please email: [admin@belmontnetball.com.au](mailto:admin@belmontnetball.com.au)  
and we will try to match you up!

*Register Now!*



**SUNDAY  
5th November**

Sir James Mitchell Park, South Perth  
On-site registration starts at 8:00 am

**alzheimer's wa**  
**WALK TO REMEMBER**  
*the heart remembers what the mind may forget*



For more info call 1300 66 77 88 or email us at [events@alzheimerswa.org.au](mailto:events@alzheimerswa.org.au)


## PATHWAYS TO YOUR FUTURE

### Careers Day

Explore alternative career and study paths beyond university and TAFE.

Join us on Sep 16, 1pm-4pm at Vic Park Community Centre to connect with young entrepreneurs, innovators, creatives, and changemakers.

More information: [purposeful.org.au/careers-day-vic-park](http://purposeful.org.au/careers-day-vic-park)



**VICTORIA PARK** **PURPOSEFUL** **SUPPORTED BY City of South Perth**



## WESTERN SPRINT SWIMMING CLUB

**Come down for a free trial session!**

Western Sprint Swimming Club is Perth's best kept secret!

- Swim before or after school
- Friendly, dedicated, highly-qualified coaching team
- Trinity discount on coaching fees
- 8 sessions available every week
- All ages & swimming levels welcome
- Learn to Swim during summer season (Christmas holidays & term 1)
- Junior, Age, State & National level squads all year
- Friendly family community
- Social events for the swimmers

**For more information:**  
Call or text Giselle on 0412 952 888



[westernsprint.org.au](http://westernsprint.org.au)