# Top 5 Study Tips

1 Plan your study

It's important to plan out what you will study when. Having a study timetable can help with this. Also, using the Revision Checklist can help you prioritise your study based on what you do and don't feel confident in.

Get the Revision Checklist here

2 Test yourself

Just reading over notes trying to memorise them is not the most effective study method. It's important to test your recall of information by answering questions, doing practise exams, using flashcards or even teaching someone else.
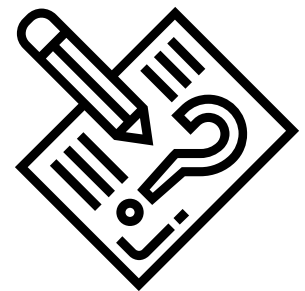
3 Distributed study is best

Don't leave study to the last minute. Make sure you space your study out and test yourself every few days - you want to test whether your brain has actually remembered the information.

Download the Anki App which helps you create flashcards and reminds you when to study

4 Get creative

Find fun and engaging ways to learn. Sing your notes to your favourite song or use flashcards! Change up where you study to learn in different environments.

5 Sleep is important

No more late night studying. Sleeping helps encode (remember) information, so your study is only effective if you are getting enough sleep (Minimum 8 hours).
It's especially important the night before a test or exam.