

URSULA FRAYNE CATHOLIC COLLEGE

FRAYNE NEWS VOLUME 30 ISSUE 16 / WEEK SIX TERM TWO / 7 JUNE 2019

Upcoming Events

Sunday 9 June

Confirmation—OLHC

Monday 10 June

Year 11/12 Exams Conclude

Tuesday 11 June

SAS Year 11/12 Sport

Wednesday 12 June

Year 11 Camp Begins

SAS Jnr Year 7-10 Sport

Thursday 13 June

Junior School Assembly

Preparatory School Assembly

ACC Girls Hockey Challenge

Friday 14 June

Year 11 Camp Ends

Year 7 Social

Monday 17 June

Kindy Speech Screening Parent Info Evening

Year 11 2020 Parent Info Evening

Tuesday 18 June

SAS Year 11/12 Sport

Wednesday 19 June

Friends of Frayne Meeting

SAS Jnr Year 7-10 Sport

Thursday 20 June

Year 6 Winter Sports Carnival

Preparatory School Assembly

ACC Boys Hockey Challenge

Friday 21 June

Duncan Campus Athletics Carnival

Highly Strung & Sung Strings

admin@ufcc.wa.edu.au

<https://www.ufcc.wa.edu.au>



Winners take to the podium at the Junior School Cross Country Carnival

From the Principal

Dear Parents, Students and Friends of Ursula Frayne Catholic College,

GOOD SPORTSMANSHIP

In recent weeks a number of our students have had the opportunity to participate in a range of significant sporting competitions including the ACC Interschool Cross Country for Duncan Street students and the Junior School Cross Country Carnival. It is always pleasing to see our students engaging with and enjoying these wonderful opportunities to test themselves against others in a spirit of friendly competition. Such sportsmanlike behaviour, while strongly exhibited by our students, is not always on display in other areas of junior sport within the broader community as highlighted by some recent unsavoury incidents against young umpires.

Have you ever been on the sideline of a game of football as a spectator/supporter and been embarrassed by the behaviour of other spectators – supporters? Not a good experience is it? However, on occasion there is an incident that might be put into the humorous basket. Take for example the Irish Parish Priest who decided to support his Parish schools under 12 team on a Saturday morning.

When his presence didn't seem to be having the desired effect on the good fortunes of the parish team, the Priest decided that the referee was to blame. So, with hands cupped around his mouth and mustering his best brogue for the occasion, he let fly at the referee. "McCormack, you're a cheat! Don't be comin' to me for confession tonight, 'cause I won't be hearin' it!" McCormack was not to be intimidated by this very public verbal assault and, when the game eventually made its way to where the Priest was standing, McCormack blew the whistle for no noticeable reason and awarded a penalty to the opposing team. With his award

From the Principal cont...

arm still raised, McCormack turned his head towards the priest and quietly said, *"This is the start of your penance, Father; there's more to come!"*

As we know, good sportsmanship is the responsibility, not only of the players and their coaches, but also of those who come to watch and support. The players should be encouraged to engage in friendly rivalry that is marked by fair play. As such, the game should offer the opportunity for positive learning experiences that are associated with the values of dignity, equality, fairness and respect.

Our community is to be congratulated on the wonderful level of support provided by parents/carers who exhibit a sensitivity to the physical and emotional well-being of the student participants.

The following set of "principles" belongs to a well-known sport; however, to focus on the "principles" and allow the simplicity of the message to come through, the sport's name has been changed to "Flatstick".

"In 'Flatstick' we play in a given position and strive through self-discipline to be the best we can. We learn that peace develops from within our own heart and mind and that there is nothing to be gained when we envy the position or talent of others.

In 'Flatstick' we improve our mind-body coordination and learn to have better self-control both on and off the field.

In 'Flatstick' we use teamwork and we learn to value each player. This teaches us to have sincerity, care and respect in all relationships. We learn commitment and to be persons of integrity in our team, family and community. In 'Flatstick' when we play well as a team, there is harmony and great excitement. We challenge other people to share that joy and join us to play 'Flatstick'. "

This statement is certainly no "Bill of Rights" but it does contain sound principles for playing sport. As a *learning and faith sharing community, centred in Christ*, may we continue to strongly encourage our children to take to the field to play with other children. If the other team is better than our team, we should congratulate them for being so; and if our team comes out on top, we should thank the other team for bringing out the best in us. And we should never forget that Good Sportsmanship starts on the sideline!

With regards and best wishes

Mr Geoff Mills
Principal

CONDOLENCES

This week we learnt about the death of Anneli Shorter's (Duncan Street Library) father in Sweden. Our thoughts and prayers are with Anneli and her family during this difficult time.

*Eternal Rest, grant to him O Lord and let perpetual light shine upon him.
May he rest in peace. Amen.*

Important News

Student Information

Please ensure that the College has up to date information in regards to your son or daughter. It is imperative that in an emergency, the College should be able to contact a parent, caregiver or emergency contact. Changes in student medical information also need to be provided to the College to ensure that we continue to offer the best care for your child. If there are changes, please contact Carla via email at admin@ufcc.wa.edu.au



Duncan Street - Student Drivers

Please be reminded that there is no parking available for student drivers. I congratulate those students who have recently acquired their driving licenses, however remind them that with this license, comes a responsibility to follow the road rules at all times.

Balmoral Street Campus - Late Pick Up

Please ensure that you collect your son or daughter from the College within 15 minutes of the final bell of the day. Teaching Staff are only required to be on campus for 15 minutes after the final bell, however many are having to stay back to supervise students who have not been collected. If you are going to be late, please contact Robyn on 9470 0400 and advise her.

Mrs Veronica Parker
Vice Principal

Chaplain's Reflection

Pentecost

Pentecost comes 50 days after Easter Sunday, and marks the end of the Easter Season. Pentecost was originally a Jewish Harvest Festival but for Christians, Pentecost is the day Christ sent the Holy Spirit over His disciples and we can say that Pentecost is the birthday of the Church as on that day, the Church was born.

A great mission had been entrusted onto the disciples: "to go out to all nations, proclaiming the Good News of Christ". Yet, they did not know how or when to start, nor did they have the strength to do it. The disciples were full of fear until the Holy Spirit transformed them and set their hearts on fire. These ordinary and simple disciples become the pillars of the Church, spreading the Gospel message to every country and renewing the face of the earth. Despite challenges and persecutions along the way, they were empowered to witness their faith, even to the point of death.

With winter months arriving and exams finishing, our strength may weaken and we may falter while important decisions and results are expected from us. We are called to continue the work of Christ, to be faithful witnesses of His Love and to renew our families, our school and our world. The feast of Pentecost comes in time, to recharge our batteries, put our hearts on fire and fill us with joy. God does not want us to be sad and deflated, but rather full of life and happiness. For this, He gives us His Holy Spirit along with the seven gifts; Wisdom, Understanding, Right Judgment, Courage, Knowledge, Reverence and Wonder of God. Furthermore, the Spirit brings forth many fruits: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self Control. We need the Holy Spirit in our lives, so let us pray: "Come Holy Spirit and fill the hearts of your people with the fire of your Love".

Fr Jesus Bello

College Chaplain, Duncan Street Campus

Music News

URSULA FRAYNE
CATHOLIC COLLEGE

Highly Strung and Sung Performance

A showcase of String and Choir music from across our College, featuring from our Balmoral Campus, The Junior Strings and The Junior School Choir and from our Duncan Campus The Senior Strings, Youth Chorale and College Choir

Friday 21 June
6.30pm-7.30pm
Balmoral Campus Main Hall

This is a great opportunity to come and support these wonderful dedicated and talented students from across our College.



Mr Ashley Baker
Co-Ordinator, Instrumental and Choral Program

Preparatory School Awards

Congratulations to the following students on receiving awards at the Junior School Assembly on 9 May:

<p>PPR <u>Merit</u> Thomas Freer Reuben Gallacher Genevieve King Evie Williams <u>Environment</u> - Vanessa Irawan</p>	<p>PPW <u>Merit</u> Emily Delane Ashleigh Girgenti Nguyen Huynh Menzie O'Brien <u>Environment</u> - Kenzie Dale</p>
<p>1R <u>Merit</u> Nelia Fra ga Anthony Kaye Faith Lim Titan Wailom <u>Environment</u> - Caitlin Mott <u>Uniform</u> - Siena Leigh</p>	<p>1W <u>Merit</u> Jace Hong Isabella Nagamany Julia Teope-Cuccovia Lucas Yu <u>Environment</u> - Grace Burke <u>Uniform</u> - Rachael Deering</p>
<p>2R <u>Merit</u> Charley Ashman Austin Loh Lucinda Warrick Georgie Williams <u>Environment</u> - Zoe Banfield <u>Uniform</u> - Jenelia Moodelly</p>	<p>2W <u>Merit</u> Kydon Gordon Aimee Joseph Violet Middleton Mikayla Pagoda <u>Environment</u> - Annabelle Santosa <u>Uniform</u> - George Cardy</p>

Aussies of the Month - May

Xavier Savy (1R)

Xavier has a happy and bubbly personality that shines through each and every day. His smile and optimism can light up any room. Xavier accepts challenges with a positive attitude. He always tries his very best and perseveres to complete each task, asking for help when he needs to. Xavier is a thoughtful and loving boy who values fairness. He likes to ensure that everyone is included in playground games. Xavier is a keen and committed participant in all classroom and school activities and is admired for his enthusiasm and zest for life. Xavier is a valued member of the Frayne Community and is a deserving recipient of this very special award. Congratulations Xavier!

Aliyah Escalante (2W)

Aliyah has been chosen because of the excellent character qualities she displays both in and outside the classroom. She enters each room with a smile on her face and greets teachers with a happy "hello". Aliyah's positive attitude shines through in every learning experience. She shows respect to all members of our community and her kindness and helpfulness is observed by many. Mrs Sinagra says that Aliyah is a delight to teach and she loves her beautiful manners. Aliyah is a great role model and always tries her best. She is an active listener who is very reliable. In the playground Aliyah is well-liked amongst her peers because of her friendly nature. She is always helping to ensure our schoolyard and her classroom remains clean and tidy. Aliyah takes great pride in being a member of Ursula Frayne Catholic College and it is an honour to have this person as an Aussie of the Month recipient. Congratulations Aliyah!



ConocoPhillips Science Experience 2019-2020

Calling all Year 9 and 10 students interested in Science. How does a 3 or 4 day hands on Science experience, conducted at Universities sound?

If this has your attention, then the ConocoPhillips Science Experience is for you. The program is held during the December/January holidays. It includes hands on activities in laboratories, short interactive lectures and visits to local scientific site. It also provides information about further studies in Science, Technology and Engineering and highlights the wide range of careers that allow students to pursue their interest and abilities in the Sciences.

This is a wonderful opportunity not to be missed! Want more information? See the poster outside the Science office or Mrs Weston for more details.

Mrs Paula Weston
Science Learning Area Coordinator

Junior School Cross Country Carnival



Balmoral Parent Forum

On Wednesday night the Balmoral Campus had our Parent Forum - Anxiety in Children. We had over 50 parents and teachers in attendance. It was an extremely informative evening with our presenter Romy from Communicare, offering lots of insights and tips on working and assisting children who have anxiety issues. A fantastic and informative evening for all.

A huge thank you to our Friends of Frayne for offering refreshments.

Mrs Karen Rutter
Acting Head Preparatory School

Friends of Frayne

Balmoral Campus Parent Info Evening

Friends of Frayne were pleased to provide some hospitality at the Parent Information evening held on Wednesday. Thank you to our helpers who got involved.

Duncan Street Campus Interschool Cross Country

Friends of Frayne organised juices for our team following their run last week. Thanks Sally for finding a bargain too!

School Banking: Notice of Vote

Friends of Frayne have reviewed the current arrangements for school banking. A vote will be held at the next Friends of Frayne meeting on 19 June 2019 7pm at the Balmoral Street Campus on whether to continue with the current arrangements. Please attend if you would like to be part of this conversation.

Want to Know More or Get in Touch?

Email : friendsoffrayne@ufcc.wa.edu.au

Or find us on Facebook : [friendsoffrayne](https://www.facebook.com/friendsoffrayne)

Or come to our next meeting : Wednesday 19 June, 7.00pm, Balmoral Street Campus

Friends of Frayne

Friends of Frayne



Friendship - Support - Community



Are You Interested?

Relationships Australia Parenting Program June 2019—West Leederville Branch

Partners to Parents: Monday 10 June 6.30-9pm \$30 per person

This one night session will assist couples move from being a couple to becoming parents.

Rock and Water Program Saturday 15 June 8.30am – 12.30pm \$70 per pair

This program leads from simple self-defence, boundary and communication exercises to facilitate a strong notion of self-confidence. We encourage fathers, mothers, daughters and sons to spend a Saturday morning together examining their emotional connections with each other whilst learning new skills to strengthen family ties. (Due to the nature of activities there is room for only one child/adolescent per adult.)

Dads Raising Teenage Girls Monday 17 June 6.30-9pm \$30 per person

For teenage girls, a father's support and love are extremely important. This workshop helps Dads understand the changes occurring in their teenage daughters and shows ways to help them navigate this difficult time and encourage them to make good choices.

DSF Literacy & Clinical Services—Additional Support with Reading, Writing and Spelling

Some children need more help learning to read and write than others, even with the best teaching methods at school. The DSF Literacy Clinic in East Vic Park provides expert tuition for those students needing extra assistance to develop strong literacy skills. Experienced teachers at the DSF Literacy Clinics provide students with enjoyable, high-quality tutoring and support. Children of all ages are welcome to attend, regardless of the reason they are struggling. This includes those students who are falling behind in years one and two (as early intervention is important in reducing the impact of literacy difficulties).

Sessions are provided at a reduced rate because they are offered in small groups of up to four students, although one-on-one tuition is also available. Parents interested in further information can inquire in person or contact the DSF Literacy Clinic at The Park Shopping Centre in East Victoria Park on 9470 4140 or park@dsf.net.au. You can also learn more about DSF (The Dyslexia-SPELD Foundation) by visiting www.dsf.net.au.

Leisurelife Junior Sports (Netball, Basketball, Soccer)

Autumn Year 4/5 and Year 6/7 netball carnivals will be held on Thursday 18 and Friday 19 July. Multisport Kidz Club on Monday 8, Wed 10, Wed 12, Mon 15, Wed 17, Fri 19 July (8:30am – 12pm). Coaching for basketball, netball, and soccer available during the school terms. For

Are You Interested?

more information and enrolments visit <http://vicpk.co/2AgLoGt> or e-mail tnathan@vicpark.wa.gov.au.

RSCM Choir Camp!

This camp, in association with the Royal School of Church Music, has been running for 45 years, and we'd love to invite participants between 8 and 18 to join us for a week of singing in Geraldton, in the first week of the July school holidays! We'll sing at 3 different churches during the week, to share our love of music with anyone who would like to come along.

We can get you to and from Perth, on a bus full of other campers and staff. The staff include professional musicians, teachers and past participants! We all love it so much we keep coming back each year! Remember, you don't have to be part of a choir to join us, you just need to love to sing.

The cost for the week is \$490 which includes 5 nights accommodation, all meals, sheet music, transport to and around Geraldton as well as rehearsals run by professional musicians. For further information find us at <http://www.rscmaustralia.org.au> or Facebook @RSCMWA, or visit <http://www.trybooking.com/BAVJI> to secure a place. Hurry, as bookings close soon!



The George Burnett Leisure Centre holiday program encourages children to have healthy, active, lifestyles while learning new skills.

The programs offer a variety of sporting and creative activities to encourage physical activity, participation and healthy lifestyles for kids!

PROGRAM	DATE	TIME	COST
Winter Cooking	Monday 8 July 2019	9.30am-12pm (5-12 years olds)	\$40 for 1 session Enrolment closes 12pm, 5 July
Sports Clinic	Tuesday 9 July 2019	9am-12pm (5-10 year olds)	\$30 for 1 session Enrolment closes 12pm, 8 July
Basketball	Friday 12 July 2019	9am-12pm (5-10 year olds)	\$30 for 1 session Enrolment closes 12pm, 10 July
Winter Cooking	Monday 15 July 2019	9.30am-12pm (5-12 year olds)	\$40 for 1 session Enrolment closes 12pm, 5 July
Soccer Clinic	Tuesday 16 July 2019	9am-12pm (5-10 year olds)	\$30 for 1 session Enrolment closes 12pm, 15 July
Winter Arts & Craft	Wednesday 17 July 2019	9.30am-12pm (5-12 year olds)	\$40 for 1 session Enrolment closes 12pm, 16 July

Bookings essential.

George Burnett Leisure Centre @Cnr Manning Rd & Elderfield Rd, Karawara WA 6152
9474 0855 | leisurecentre@southperth.wa.gov.au
www.southperth.wa.gov.au



KENSINGTON YOUTH NETWORK

ARE YOU AGED 14 - 17 YEARS
AND LIVE IN THE TOWN OF VICTORIA PARK?

JOIN OUR NETWORK AND HAVE YOUR SAY IN YOUTH EVENTS
WHILST DEVELOPING LEADERSHIP AND TEAMWORK SKILLS

KENSINGTON PCYC
Parent & Community Youth Centre

51 Anketell Street Kensington WA 6151
T: (08) 9367 1282 | E: kensingtonpcyc@wapcyc.com.au
[facebook/kensingtonpcyc](https://www.facebook.com/kensingtonpcyc)

SAVE THE DATE

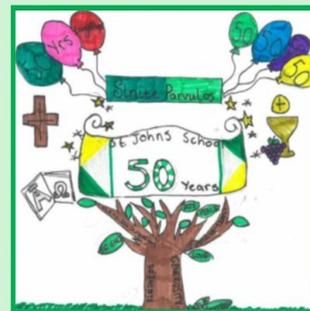
St John's School, Rangeway,
cordially invite
Past Students, Families and Staff

to our Golden Jubilee Anniversary,
celebrating 50 years of St John's School,
to be held on

Friday 25 October 2019,
Saturday 26 October 2019 &
Sunday 27 October 2019.

E: admin@sjr.wa.edu.au

P: 99 200 100



Are You Interested?

betterhealthprogram
healthy active happy kids



FREE FUN PROGRAM FOR KIDS!

The Better Health Program is a 10 week healthy lifestyle program for kids aged 7-13 who are above a healthy weight.

- Learn simple ways to eat healthier foods everyday
- Build confidence and boost self esteem
- Get fit playing fun games and activities
- Meet new friends and have fun!

REGISTER NOW FOR TERM 3 2019:

Cannington – Bounce, Wednesday 4-6pm

Mirrabooka – Herb Graham, Tuesday 4-6pm

Edgewater – Latitude, Thursday 4-6pm

Port Kennedy – Rebound Arena, Tuesday 4-6pm

Call: 1300 822 953 - SMS: 0409 745 645

Online: betterhealthprogram.org



Government of Western Australia
Department of Health

betterhealth
company

AN AMAZING OFFER FOR WA SCHOOLS!

Visit Round 7, Fever v Giants at ticketek.com.au and enter your password below.

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\$20
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BE PART OF THE EXCITEMENT OF A WEST COAST FEVER GAME AND WITNESS THE WORLD'S BEST NETBALLERS IN ACTION

RD7
SAT 8 JUNE
RAC ARENA
6:00PM

I'VE GOT IT
#GOTGRT

*Terms and Conditions for \$20 ticket offer: Once off Ticketek transaction fee applies of Call Centre \$7.55, Agency \$6.90, ezyTicket/Mobile \$6.90 or Internet \$6.90. This is charged on a per transaction basis, regardless of the amount of tickets purchased. Offer available to the Netball WA Schools network only for West Coast Fever v GIANTS Netball on 8 June 2019, by quoting your Password. Available on Middle Tier category tickets only. Offer is not transferable or available on existing tickets purchased. Limit of 10 tickets per transaction for online purchases. For additional tickets, purchases must be made via the Ticketek Call Centre 132 849 or an Agency.

PRINCIPAL PARTNER



ELITE PARTNER



MAJOR PARTNERS



JOB VACANCY

Administration Officer – Catholic School Parents WA

If you're passionate about helping parents and parent communities in Catholic schools, and if you would enjoy a varied and challenging role, then this may be the job for you!

The position is for 15 hours per week, during school terms only. The full advert and job description can be found on our website www.csp.wa.edu.au. Applications close 5pm on Friday 14 June 2019.

Initial enquiries and applications can be directed to Siobhan Allen (Executive Director) on 0409 025 683 or email siobhan@csp.wa.edu.au.